



## Center for Balance and Wellness

### Welcome!

Our office is dedicated to the improvement of your health and wellbeing through proper nutrition, exercise, and hormone balance. Dr. James Mauldin has over three decades of experience in hormone management with female patients, and has been prescribing compounded therapies for over 20 years. His knowledge and interest in hormone balance in men and women increased with his introduction to hormone pellet therapy (original training by SottoPelle Texas, which became BioTE Medical) in early 2012.

During your consultation, various options for hormone therapy will be discussed, including oral troches, topical creams, and pellet therapy. The subcutaneous implantation of hormone pellets is a proven, effective, and cost-efficient means of hormone supplementation. In use in this country for over thirty years, the proper administration of hormone pellets involves computer-calculated dosing and post-dose monitoring of specific laboratory parameters in order to minimize risk and maximize benefit to the patient.

In preparation for your consultation appointment, please complete the accompanying documents and return the completed forms to the office at least 24 hrs before your appointment (by email, fax, or deliver to the office). Doing so makes it possible for us to see you within 15 minutes of your scheduled time. **If we do not receive your documents, we will cancel your appointment and reschedule you for a later time.**

We recommend that you visit the website [www.bhrtvideos.com](http://www.bhrtvideos.com)

for informational and testimonial videos about pellet hormone replacement therapy.

*We look forward to seeing you soon!*

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